

## UOA MS

**ES Felekouras MD**

61 B Laskou St.  
Athens 15669  
2106561718

**Patient Name:**

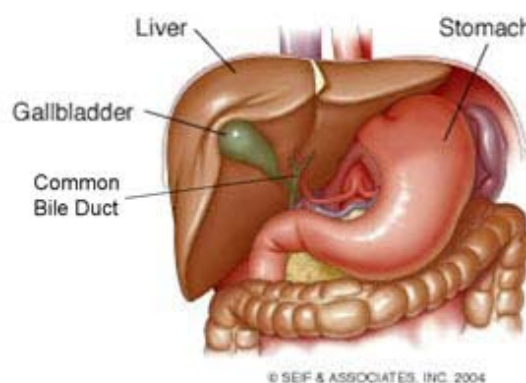
**Special Instructions:**

**Follow Up:**

# Laparoscopic Cholecystectomy

## Care After

Refer to this sheet in the next few weeks. These instructions provide you with information on caring for yourself after your procedure. Your caregiver may also give you more specific instructions. Your treatment has been planned according to current medical practices, but problems sometimes occur. Call your caregiver if you have any problems or questions after your procedure.



## HOME CARE INSTRUCTIONS

- Change bandages ( *dressings*) as directed by your caregiver.
- Keep the wound dry and clean. The wound may be washed gently with soap and water. Gently blot or dab the area dry.
- **Do not** take baths or use swimming pools or hot tubs for 10 days, or as instructed by your caregiver.
- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.
- Continue your normal diet as directed by your caregiver.
- **Do not** lift anything heavier than 25 pounds (11.5 kg), or as directed by your caregiver.
- **Do not** play contact sports for 1 week, or as directed by your caregiver.

## SEEK MEDICAL CARE IF:

- There is redness, swelling, or increasing pain in the wound.
- You notice yellowish-white fluid ( *pus*) coming from the wound.
- There is drainage from the wound that lasts longer than 1 day.
- There is a bad smell coming from the wound or dressing.
- The surgical cut ( *incision*) breaks open.

## SEEK IMMEDIATE MEDICAL CARE IF:

- You develop a rash.
- You have difficulty breathing.
- You develop chest pain.
- You develop any reaction or side effects to medicines given.
- You have a fever.
- You have increasing pain in the shoulders (shoulder strap areas).
- You have dizzy episodes or faint while standing.
- You develop severe abdominal pain.
- You feel sick to your stomach ( *nauseous*) or throw up ( *vomit*) and this lasts for more than 1 day.

## **MAKE SURE YOU:**

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

Document Released: 12/18/2006 Document Revised: 08/29/2012 Document Reviewed: 06/01/2012

ExitCare® Patient Information ©2012 ExitCare, LLC.

Copyright © MD Consult 2012

**Adult Health Advisor**

Copyright © 2012 Elsevier Inc. All rights reserved. - [www.mdconsult.com](http://www.mdconsult.com)

Client IP Address: 79.131.16.109

DAS Host: isis