

UOA MS

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Patient Name:

Special Instructions:

Follow Up:

Open Colon Resection

Care After

Refer to this sheet in the next few weeks. These instructions provide you with information on caring for yourself after your procedure. Your caregiver may also give you more specific instructions. Your treatment has been planned according to current medical practices, but problems sometimes occur. Call your caregiver if you have any problems or questions after your procedure.

HOME CARE INSTRUCTIONS

- It will be normal to be sore for a couple weeks following surgery. See your caregiver if this seems to be getting worse rather than better.
- Only take over-the-counter or prescription medicines for pain or discomfort as directed by your caregiver.
- Ask your caregiver whether you may take a shower when you go home.
- You may resume a normal diet and activities as directed.
- Avoid lifting anything heavier than 25 pounds (11.25 kg) or driving until your caregiver says it is okay.
- Make an appointment to see your caregiver for stitch or staple removal when instructed.

SEEK IMMEDIATE MEDICAL CARE IF:

- There is redness, swelling, or increasing pain in the wound area.
- Pus is coming from the wound.
- You have a fever.
- The wound breaks open after stitches (*sutures*) have been removed.
- There is increasing abdominal pain.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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